



RUSE NEWS



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Dates to Note

Term 1 2015

Week 4

Feb 17 "Meet the Teacher 5.30pm-7.30pm

Week 5

Feb 24 P&C Meeting 7pm

25 School Photographs

Week 6

Mar 2 Swimming Carnival

6 Gala Day – Primary

Week 7

Mar 10 Zone Swimming Carnival

12 Selective High School

Week 8

Mar 17 South West Sydney Region Swimming Carnival

20 Gala Day – Primary

Week 9

Mar 26 Grandparents Day

Week 10

Mar 31 Celebration of Learning Assembly 9.30am

Apr 2 Hall of Fame morning tea

Last day of term

Dear parents/carers.

Welcome back to Ruse Public School in 2015. We extend a very warm welcome to all our new families.

We have had some staffing changes in 2015. Mr McGillicuddy has returned to us from Claymore PS. Mrs Harris has been appointed in a permanent position at Ruse PS. She replaced Mrs Harkin who was a temporary teacher in 2014.

Supervision and Classing

Stage Supervisor – Mrs Kate Cohen

Mrs Kate Cohen – KC

Mrs Denise Dunshea – KD

Mrs Erin Findlay – K/IF

Mrs Sarah Harris – K/IH

Stage Supervisor – Mrs Megan Clarke

Mrs Lisa Venditti – IV

Mrs Holly Acorn – 1/2A

Mrs Renee Zamudio, Ms Fleur Brentnall – 1/2BZ

Stage Supervisor – Mr Paul McGillicuddy

Mrs Melissa Hall – 2/3H

Ms Carol Ward – 2/3W

Ms Tracey Rogers – 3/4R

Mr Nick de Wilde – 3/4W

Stage Supervisor – Mrs Selena McPhee

Mrs Beth Edwards – 4/5E

Ms Jenna Wheatley- 4/5W

Ms Sam Clark – 5/6C

Ms Belinda McAllister – 5/6M

Mrs Shirley Smith – 6S

Mrs Megan Clarke – English as An Additional Language; Learning and Support; RFF

Mr Paul McGillicuddy – RFF

Mrs Selena McPhee – Library/RFF

Mrs Helen Fletcher – RFF

Mr Dallas Ale – RFF

At times during the week, Mrs Cohen, Mrs Clarke, Mrs McPhee and Mr McGillicuddy will be working as instructional leaders with staff. They will be planning with teachers, team teaching with teachers, observing lessons and providing feedback. This program is aimed at supporting our teachers to ensure the best quality education is provided at Ruse Public School.

Kindergarten

All Kindergarten students commenced school yesterday following their Best Start assessments last week. They appear to be very settled and enjoying school.

Kindergarten children will be gradually transitioned to the playground. In the first week, they will play directly outside kindergarten rooms and they will be looked after by one of the kindergarten teachers at all times. We ask that parents provide lunches for the first few weeks so they don't need to visit the school canteen while they are still getting used to the large playground.

When the kindergarten teachers feel the children are ready they will be allowed to play on the quadrangle as well as outside their classrooms. The final stage is allowing them to go to the school oval. Kindergarten children won't be playing on the fixed equipment (which is monitored by a teacher) until term 2.

Road Safety

Please take extra special care around school zones and do not park in no parking areas as the police regularly monitor schools.

Parking

Community members residing in the adjoining road have requested that parents not park across driveways as they are unable to drive in and out of their driveways during drop off and pick up times particularly in the service street across the road from the school.

Thank you.

Cyber Safety Tips

- Review the age suitability of any social network your child joins. Most of these networks legally require children to be 13 years of age to hold an account.
- Have your family computer in a shared living space such as the kitchen or lounge room to allow for adequate supervision.
- Check to ensure your child has all privacy settings correctly configured. For example Facebook privacy settings should never be set to public.
- Children should never have usernames that identify them or their age.
- They should not post photos that make them easy to identify or provide personal information about themselves.
- Let your child know that they should report any unwanted contact via the internet.
- Most importantly, parents should have access to their child's social networking accounts and be monitoring them regularly.

For more detailed advice visit the following website:
www.cybersmart.gov.au

Encouraging your child to read at home

1. Involve your child in everyday conversations from an early age.
2. Read aloud to your child. It will help your child to learn the language of books and encourage the enjoyment of books and reading.
3. Talk about books together - make reading a shared, enjoyable activity.
4. Provide a range of reading material for your child at home, both fiction and non-fiction.
5. Read to your child in your first language - research shows that using your first language will help your child when he or she learns to read English.

School Banking

School banking day is Thursday and can be handed in at the office. Banking packs will be distributed to new Kindergarten students shortly. Any student who wishes to do school banking can visit any Commonwealth Bank to join or get a pack from the school office.

If your child has a special medical condition that needs to be managed at school, you will need to provide a current health care management plan from your doctor and we will need to formulate a health care plan for 2015.

Permission to use the Council Oval

The students at Ruse Public School use the council oval (Larry Peck Oval) directly beside the school for various fitness, sport and Cross Country activities. To participate in these activities, the students leave the school grounds using the gate at the front of the school and enter the council oval by the entrance closest to Ruse PS. At all times, the students are supervised by teachers.

If you do not agree to your child having access to this facility, you will need to provide notification in writing to the school within 1 week of receiving this newsletter. If you have any concerns, please contact Mrs O'Neill at the school.

Schoolparents.com.au

Ruse Public School has joined Schoolparents.com.au – the new parent(carer) – only network connecting parents and carers based on the school their child attends.

Schoolparents is free to join.

Our school has a page where you can receive updates on school events. In addition, you can introduce yourself online to parents from your child's class – great for organising play dates, birthday parties, buying and selling items or just sharing advice.

As a school, we are excited that we are able to create a social media presence in an appropriate, monitored online environment.

Parent/Teacher Evening

Our 'Meet the teacher' evening will be held on Tuesday 17th February from 5.30pm until 7.30pm.

5.30 Gates open – parents and children are encouraged to bring a picnic rug. BBQ and mixed softdrinks will be available free of charge. The BBQ will be sponsored by Schoolparents.com.au (see information above)

6.00 - Welcome and introduction to Schoolparents.com.au Partnerships Manager, Daryl Lo.

Parents may move to classes with their children or they may like to drop their children to the school hall for a movie. This will be an opportunity to meet and chat with your child's teacher in an informal environment. We encourage parents to bring along questions. We ask that you ensure your child or children are either in your care or in the school hall

while you move around classrooms. No children are permitted to remain unsupervised in the quadrangle.

The purpose of the evening is not for a one to one interview. If you require an interview you may like to make a time with your child's teacher or wait until the last week of term when we will have scheduled parent-teacher meetings in the school hall.

If you have more than one child in the school you are encouraged to move around classrooms at your convenience.

7.30 - Night concludes

We ask that parents return the RSVP on the letter that accompanies this newsletter so that we can organise catering.

Voluntary Contributions

A letter regarding voluntary school contributions has been sent home today.

Parent Online Payments

Parents are able to make online payments for amounts owing in excess of \$5-00 via a secure payment page. The payment page is accessed through the schools website by selecting the Parent Online Payment link on the front page of the school website [Make New Online Payment](#).

Payments to the P&C for fundraisers, Bookclub or BBQ days at school CANNOT be made via this system.

This is a secure payment system hosted by Westpac to ensure your credit/debit card details are captured in a secure manner; these details are not passed back to the school. For any enquiries please contact the school.

P&C News

Welcome to the 2015 school year. We are hoping to add new items to the canteen menu this year, they will be discussed and voted on at the next P&C meeting to be held on Tuesday, 24th February at 7pm. If you would like to contribute to this decision please come along to the meeting which is open to all.

As we keep a minimum float in the canteen, it would be appreciated if the correct money be sent for lunch orders as it is not always possible to change large denominations.

We are always on the lookout for new helpers. If you can assist please contact Kylee or Annette in the canteen. One of them is available each day except Thursday, or alternatively leave your name and number at the office.

Pre loved uniforms will be open Tuesday afternoon 2.45-3.15pm and Friday mornings 8.30-9am.

Sport

Swimming Carnival

The annual school swimming carnival will be held on Monday, 2nd March at Bradbury Swimming Pool. This is a competitors only carnival. Children who can swim 50 metres are eligible to attend. If your child is planning to attend the carnival, please return the permission note and money to the office as soon as possible so that we can finalise numbers for buses. If you are able to volunteer for a job at the carnival, please contact Mrs McPhee.

PSSA News

PSSA teams (Softball, T-Ball and Cricket) are being selected and notes will go out to the successful students in the next week or so. Gala days will be held on Friday 6th March Week 6 and Friday 20th March Week 8.

Dogs In School

Did you know it is **ILLEGAL** to bring dogs and other animals into any school grounds in New South Wales?

You can be **fined up to \$1,100** (ten **penalty units**) for doing so.

Dogs are not allowed on school grounds for many reasons, most are common sense today, but to list a few:

A dog's behaviour can be unpredictable,

- People have allergies to dog hair; and
- People have fears of dogs.

The only dogs that are allowed on school grounds are police dogs, assistance animals (guide dog, reading dog, etc) or a corrective services dog.

As a Government school, we are bound by the legislation of the [Animal Welfare Policy](#) to enforce and report on any violations.

We understand that there are moments when you want to take your dog for a walk and the beginning, or end, of the school day works out to be an ideal time. But please, organise another time to take your dog for a walk that won't bring them onto school grounds.

Thank you for your understanding of this matter.

Annette O'Neill

Principal

Community News

Campbelltown Swans Junior AFL

Come and play AFL! Great winter sport. From 5 years old and up. Registration on line at www.campbelltown.aflnswact.com.au or registration days are 8th and 22nd February between 10am and 2pm at Clarke Oval, Lawrence Ave Kearns. Training starts 12th February at Clarke Oval, Kearns at 6pm. For further info contact Peter on 0417 257775 or peteandlizhunt@iprimus.com.au



Jeanette Briggs Dance Academy

CONTACT US NOW TO REGISTER FOR YOUR FIRST WEEK FREE!!

CLASSES FROM 2½ YEARS OLD

Quality classes, friendly environment - Learning through building confidence!

Phone **4626 3085** Mobile **0418 472 652**

Email jeanettebriggs@yahoo.com.au



<http://www.dancejbd.com>

<http://www.facebook.com/jeanettebriggsdance>



CUDGEGONG RD PRESCHOOL & CHILDCARE
(0-6) Age Group

- Hours are from 7.00am – 6.00pm
- All meals provided
- An educational program in line with the Early Years Learning Framework
- A comprehensive school readiness program
- No BOND is required.
- Our children are confident and involved learners in a friendly environment
- Qualified staff
- Your child's home away from home

Call us on [4626 2140](tel:46262140). OR drop in for a visit.

Our address is: [145 Cudgegong Rd, RUSE](https://www.google.com/maps/place/145+Cudgegong+Rd,+Ruse)



If you or your child(ren) are interested in getting fit, in a fun and exciting way, come experience our friendly club and join Instructress Glenda Gaskell

Preschoolers	4pm — 4.30pm
5 — 8 years	4.30pm — 5.30pm
9 — 12 years	5.30pm — 6.30pm
Seniors 13+	6.30pm — 7.30pm
Ladies	7.30pm — 8.30pm

Classes recommence on
11th February 2015

Class Fees

Preschoolers \$6.50 per lesson
5 years and above \$8.00 per lesson

Classes are held every **Wednesday** during School Term at Ruse Community Centre Oberon Road, Ruse.

Please contact Glenda to register
4625 5237 or 0411 255 235



GROUP PROGRAM FOR CHILDREN DIAGNOSED WITH AUTISM, EXPERIENCING ANXIETY AND THEIR PARENTS

What is the Cool Kids Program?

Does your child diagnosed with Autism avoid leaving the house or trying new things?
Do they find it difficult to stay calm if things unexpectedly change?

Are you worried your child's anxiety is affecting their ability to succeed?

The Cool Kids program was developed at Monash University. It is a well-researched and highly effective group program to help kids with Autism overcome anxiety. The Cool Kids Program helps kids with all kinds of anxiety, constant worrying, fears, excessive shyness, panic and children with sleep problems.

Topics in the program include:

- Understanding feelings and anxiety
- Using direct thinking to overcome anxiety
- Problem solving
- How to fight fear

How does the group work?

Our Cool Kids program is facilitated by our highly experienced Psychologists who specialise in supporting children with autism. The group runs for 10 weeks for one and half hours each week. Children need to be aged between 7 and 11 with a diagnosis of Autism or Aspergers Disorder. Parents need to attend with their child to learn the strategies children are taught and help them to use these strategies in their daily lives. There is a parent's workshop that runs at the same time that allows parents to learn about their child's anxiety, and how the Cool Kids program and the weekly strategies can be used at home and school. Parents have the opportunity to discuss with our Psychologists the ins and outs of the program and learn how you can help your child to succeed.

Research indicates that children who learn to manage anxiety are less likely to develop mental health problems in the future

Real Disability Care is currently seeking expressions of interest from families interested in participating in the next 10 week COOL KIDS GROW! PROGRAM, scheduled to begin on the 12th of March

Call
1300 725 941
to help your child successfully manage anxiety, or email
info@realdisabilitycare.com.au



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