



# RUSE NEWS



Junction Road, Ruse NSW 2560 Ph: 46257811 Fax: 46267422 Email: [ruse-p.school@det.nsw.edu.au](mailto:ruse-p.school@det.nsw.edu.au)

## Dates to Note

### Term 1 2014

#### Week 6

- 4 Parent teacher interviews
- 5 Zone Open Under 11's League trials
- 6 School Photos
- 7 Infants Assembly IGC

#### Week 7

- Mar 10 SSW Boys/Girls Basketball
- 11 Aboriginal twilight BBQ 5.30pm
- 12 Zone Swimming Carnival
- 13 Selective High School test
- 14 Primary Assembly 56S

#### Week 8

- Mar 18 SSW Regional Swimming Carnival
- 19 Zone Boys and Girls Hockey trials
- 21 Gala Day
- Infants Assembly KID

#### Week 9

- Mar 24 SSW Boys Soccer
- Rugby League Knockout Worrell Park 12.30
- 25 Ruse Leadership Challenge Day Wedderburn
- 26 Grandparents Day 10.00-11.20am
- SSW AFL
- 27 Zone Boys Touch trials
- 28 Primary assembly 45AM

#### Week 10

- Apr 1 Hearing Screening Aboriginal Students
- 2 Zone Rugby Union trials
- 4 Gala day
- Assembly 23F

#### Week 11

- Apr 7 Zone Netball trials
- 8 Celebration of Learning assembly 9.30am
- SSW U11's League
- 10 Hall of Fame morning tea
- 11 Reserve Gala day
- Last day of term

*Dear parents/carers.*

On 19<sup>th</sup> and 20<sup>th</sup> March we conducted our Cyber Safety sessions with parents and carers. These promoted much discussion and were very valuable. Thank you to the parents who were able to come along to these sessions.

Parent teacher goal setting interviews are being conducted this week. If you haven't already scheduled a time with your

child's teacher we encourage you to do so. These goals will be reflected on again in term 3 when you meet with your child's teacher.

## School Photographs.

Advancedlife Photography will be visiting our school on Thursday 6<sup>th</sup> March, 2014.

Parents/carers are reminded that children need to be in full school uniform.

Order envelopes will be sent home today with all students and should be returned to the office. Please note: Every student must have their own envelope.

Family and sibling envelopes can be obtained from the school office.

Payments can be made online at [www.advancedlife.com.au](http://www.advancedlife.com.au)

**ORDER ENVELOPES MUST BE RETURNED BY WEDNESDAY 5<sup>TH</sup> MARCH, 2014.**

## SAVE THE DATE



We have a special Grandparents' Day scheduled for **Wednesday 26<sup>th</sup> March from 10.00am-11.20am**. This special day will commence in the school hall and then grandparents will move to their grandchildren's classes. The day is **ONLY** for grandparents unless a parent is required as a carer for the grandparent. Invitations will be coming home soon.



## Twilight BBQ

A twilight barbecue for all Aboriginal students and their families will be held on Tuesday 11<sup>th</sup> March at 5.30pm. Bring your picnic rug, have a yarn with us and get to know your child's teacher.

## Ruse Leadership Challenge Day

The Ruse Leadership Day Camp is open to all Stage 3 leaders. This camp will be held at Wedderburn Christian Camp on Tuesday, 25<sup>th</sup> March. During the camp students will be participating in challenging activities, leadership teamwork initiatives and fun pool games. The program looks very exciting!

We look forward to all our leadership team participating in this wonderful opportunity.

## Medical Information Forms and Emergency Information Cards

Medical information forms, Emergency Information cards along with Authority to Publish and Voluntary Contribution letters were sent home with the Week 2 Ruse News. If you have not already done so, please read, complete and send all of these back to school. It is absolutely essential (for your child's safety) that we have up to date information on your child or children.

**PLEASE RECORD YOUR CURRENT EMAIL ADDRESS ON THE WHITE EMERGENCY CARD.**

*If your child has a special medical condition that needs to be managed at school, you will need to provide a current health care management plan from your doctor and we will need to formulate a health care plan for 2014.*

## Parent Online Payments

Parents are able to make online payments for amounts owing in excess of \$5-00 via a secure payment page. The payment page is accessed through the schools website by selecting the Parent Online Payment link on the front page of the school website [Make New Online Payment](#).

Payments to the P&C for fundraisers, Bookclub or BBQ days at school CANNOT be made via this system.

This is a secure payment system hosted by Westpac to ensure your credit/debit card details are captured in a secure manner; these details are not passed back to the school. For any enquiries please contact the School.

## Head Lice

Parents, please check your child's hair on a regular basis and treat if necessary. To get rid of head lice and their nits a specially formulated product which kills head lice must be used along with a special lice comb.

The only way you can catch head lice is through direct contact with an infected person's hair or personal belongings. Outbreaks are common at primary school because of the close contact children have and the fact that they sometimes share hats, brushes and combs. It is important to stress that children should not share these things.

## YourTutor – Free online homework help for students

Campbelltown Library Service is pleased to announce it is once again offering YourTutor – an online homework help service which provides on-demand access to a professional tutor for students in Year 4 to Year 12.

Students can access your Tutor at home or in the library from Monday to Friday between 4pm-8pm. Your Tutor offers study support from a qualified tutor covering subjects such as Mathematics, Science, English and assignment research skills. With the addition of legal studies and geography, Your Tutor offers a wider subject range than ever before.

Campbelltown Library service offers your Tutor to students free of charge. Students only need their library card number to login to Your tutor from the library's website.

If you would like more information about Your Tutor please contact our youth Librarian, Stephanie on 4645 4451.

## Sport

### Swimming Carnival

Congratulations to the following students who will be attending the Zone Swimming Carnival:

Morgan, Sage, Nathan, William, Zackery, Ethan, Kohen, Mason, Sarah, Janaya, Grace, Lucy, Shontelle, Michayla, Sophie and Brok. Good luck!

### Sport Trials

Congratulations to Sarah and Holly who were late selections for the PSSA Zone girls Basketball. The girls worked very hard and have been chosen to play alongside the boys next Monday 10<sup>th</sup> March at Bankstown Sports Complex. Good luck to both teams.

With the terrible weather last week, both Soccer and under 11's Rugby League trials have been changed to this week. Soccer trials are on Wednesday 5<sup>th</sup> March starting at 3.30pm out at the back oval at Briar Road Public School and Under 11's Rugby League will be on Thursday 6<sup>th</sup> March starting at 3.30pm out the back of John Warby Public School. Convenors have asked that only experienced players attend who either play at a representative level or on the weekends in a local competition. They have stressed that some students are turning up un-experienced and do not have any idea what positions they play. These students need to be aware that they are trialling against zone representatives with experience and that injuries may occur.

The following PSSA Zone try-outs are also happening:-

Open Rugby League trials – 5<sup>th</sup> March 3.30pm John Warby PS  
Boys and Girls Hockey trials – 19<sup>th</sup> March 3.30pm Ambarvale PS

Girls Soccer trials – 26<sup>th</sup> March 3.30pm St Helens Park PS  
Boys Touch Football trials – 27<sup>th</sup> March 3.30pm Kentlyn PS  
Rugby Union trials – 2<sup>nd</sup> April 3.30pm John Warby PS  
Netball trials – 7<sup>th</sup> April 3.30pm Rosemeadow PS

Students who are selected for these trials are given a note to bring along to the trial day. Unfortunately, we are only able to select the top 5-6 students who have the most experience.

## Gala Days

Gala days are on Friday of Week 8, 21<sup>st</sup> March and Friday Week 10, 4<sup>th</sup> April unless cancelled or changed due to bad weather.

Payment for summer Gala Days is due by Monday 10<sup>th</sup> March 2014. Payments can be made online and details are on our website. Please remember to include your child's full name and the sport they are playing when paying online. **NO LATE PAYMENTS WILL BE ACCEPTED.** It is also school policy that every child must have a school hat to attend Gala Day sports events.

## Zone and Regional Swimming Carnivals

Students who were successful in reaching the Zone Swimming Carnival are reminded to bring your notes back promptly once handed out. The Zone Swimming Carnival is to be held on Wednesday 12<sup>th</sup> March. The Regional Swimming Carnival will be held on 18<sup>th</sup> March for those students who qualify at this level.

## Knockout Teams

Selections were held last week for the Classic Shield Rugby League Knockout. 15 students have been chosen to play against Narellan Vale Public School on Monday 24<sup>th</sup> March at Worrell Park Oval, Ruse. Training will commence at lunchtimes and these students are reminded to make sure they bring their headgear and mouthguards to training.

Knockout selections for Senior Basketball, Netball and Soccer will commence shortly.

Ms Clark  
Sports Coordinator

**Have a great week!**

*Annette O'Neill*

**Principal**

## P&C News

Our last meeting was held last Tuesday night. Thank you to all who attended. A summary of the meeting is as follows:

### Accounts

Canteen	\$7,490.90
General	\$5,564.16
Maxi	\$9,224.01

- The P&C handed over a cheque for \$9,000 towards the electronic sign which looks fantastic.
- Mackenzie Paynter joined the meeting to present the SRC report. We thanked her for coming along.
- Canteen needs more volunteers
- Healthy suggestions to be trialled in canteen. Watermelon slices, fresh fruit, cheese and crackers.

- Pre loved uniform is every Tuesday afternoon from 2pm-3pm in D Block.

The next P&C meeting is Week 5 Term 2 at 7pm in the staffroom.

## Canteen

Volunteers are needed for all days. If you can assist please see Dianne Miles in the canteen.

## Preloved Uniform

Preloved uniforms are available every Tuesday from 2pm-3pm in D Block.

## Fundraising

Fundraising will commence soon and will continue throughout the year. It is optional if you choose to participate in any of these fundraisers.

## Lunch Wallets

A note will go home shortly for the chance to order an environmentally friendly lunch wallet to use when ordering your child's lunch. Money and orders will be due back by 28<sup>th</sup> March, 2014.

## Community News


### West's Kids Easter Disco

Thursday 17<sup>th</sup> April 11am-2pm. Featuring "Kids in the Biz" and the Easter Bunny. \$10 entry and includes free soft drink and will be held in the West's Leagues Club Auditorium.



Shop 11 Ruse Village  
Junction Rd  
Ruse 2560  
Ph: (02) 4625 5000  
Fax: (02) 4625 5051

**Kentlyn Physical Culture Sports Association**  
 Physio is for Fun - Fitness - Friendship  
 If you or your child(ren) are interested in getting fit, in a fun and exciting way, Come experience our friendly club.  
 Instructress Glenda Gaskell



Recommencing on 12th February 2014

Preschoolers	4.00-4.30
5-8 years	4.30-5.30
9-12 years	5.30-6.30
Senior Girls	6.30-7.30
Ladies	7.30-8.15
Ladies	8.15-9.00

Wednesday at Ruse Community Centre O'Brien Rd, Ruse  
 Please contact Glenda to register 4025 5307 or 0401 255 295

## Start a New Lifestyle with a Positive Attitude



Our World Class Centre has a:

- ✓ Full time schedule - Day/Evening classes
- ✓ Huge 400m² training area
- ✓ Fully equipped & owned premises
- ✓ Showers
- ✓ Quality instructor since 1992

• MMA • Kickboxing • Hapkido • Cage Fitness  
 • Brazilian Jiu Jitsu & more

- Learn how to defend yourself
- Gain new confidence
- Lose weight as you reduce stress
- Feel better than you have in years



**Call Now** it is time to  
**CHANGE YOUR LIFE!**  
**Ph: 0412 385 089**

**CMA Martial Arts Pty Ltd**  
 Unit 4/157 Airds Rd Leumeah  
[www.hapkidobjj.com](http://www.hapkidobjj.com)

## Martial Arts for Kids

We are a Black Belt Success School™



### BULLY PROOF Your Child!

- Our Instructors are:
- ✓ Government Accredited
  - ✓ Child Safety Checked
  - ✓ Bully Safe Accredited

#### More than just Kick! Punch!

Your child will not only learn the ABC's of self defence, but more importantly, the ABC's of life: Attitude, Behaviour and Character

Martial Arts Report Card

Confidence	A+
Discipline	A+
Concentration	A+

CMA

**Call Now!**  
**Ph: 0412 385 089**

Martial Arts Classes for **SUCCESS** in School & in Life

Age Specific Classes

Bring flyer for free intro & special offers

Free Intro Class

[www.hapkidobjj.com](http://www.hapkidobjj.com)

# READY set toned

PERSONAL TRAINING

No pressure, Fun, Friendly, sessions.

ALL Fitness levels catered for.

## TRAINING NEAR YOU!

Larry Peck Oval, Junction Rd, Ruse  
 (right next to Ruse Public School)

Wednesday Afternoon: 3:15pm AND

Friday Morning: 9.15am

(private & group bookings at other times by appointment)



[www.facebook.com/readyssettoned](http://www.facebook.com/readyssettoned)

**0417 477 072**





